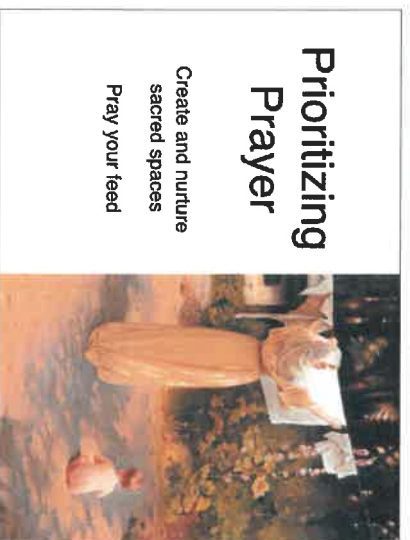
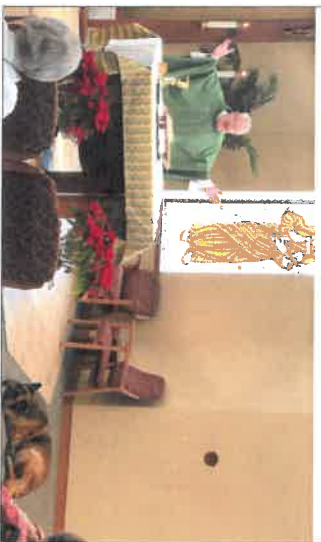




Mass Matters



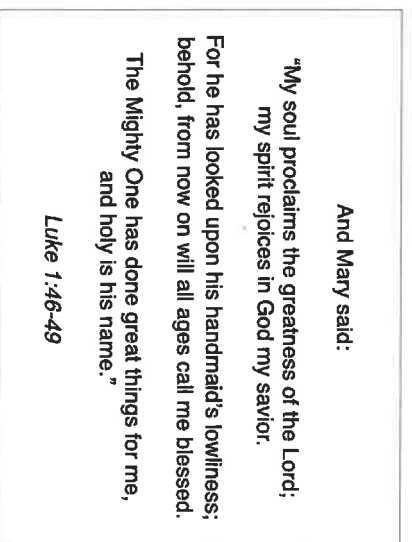
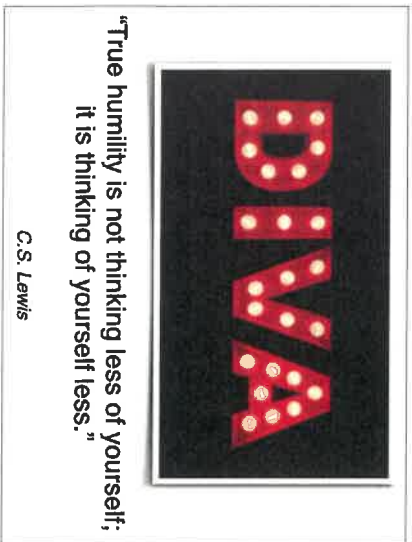
A Mother's Mother

Do whatever he tells you.

John 2:5

And Mary kept all of these things, reflecting on them in her heart.

Luke 2:19





Let's Reflect

Saintry Solutions

I ought to seek the company of those Sisters who according to nature please me least. I ought to fulfill in their regard the office of the Good Samaritan.

A word, a kindly smile, will often suffice to gladden a wounded and sorrowful heart.

Story of A Soul Chapter X



Night Prayer

Forgiveness is a gift.

Nurturing Our Souls

- Prioritizing Prayer
- Mass Matters
- A Mother's Mother
- Saintry Solutions
- The Beauty of the Bible
- A Culture of Faith

O God, come to our aid.
O Lord, make haste to help us.
Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.
Amen. Alleluia.

Silent Examination of Conscience

Short Reading
(Deuteronomy 6:4-7)

Hear, O Israel: the Lord our God is one Lord; and you shall love the Lord your God with all your heart, and with all your soul, and with all your might. And these words which I command you this day shall be upon your heart; and you shall teach them diligently to your children, and shall talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise.

Into your hands, Lord, I commend my spirit.
— Into your hands, Lord, I commend my spirit.

You have redeemed us, Lord God of truth.
— Into your hands, Lord, I commend my spirit.

Glory be to the Father and to the Son and to the Holy Spirit.
— Into your hands, Lord, I commend my spirit.

Save us, Lord, while we are awake; protect us while we sleep; that we may keep watch with Christ and rest with him in peace.

Now, Master, you let your servant go in peace. My own eyes have seen your salvation, which you have prepared in the sight of all peoples. A light to bring the Gentiles from darkness; the glory of your people Israel.

Glory be to the Father and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

Save us, Lord, while we are awake; protect us while we sleep; that we may keep watch with Christ and rest with him in peace.

Let us pray.

Come to visit us, Lord, this night, so that by your strength we may rise at daybreak to rejoice in the resurrection of Christ, your Son, who lives and reigns for ever and ever.

Amen.

The Lord grant us a quiet night and a perfect end.
Amen.

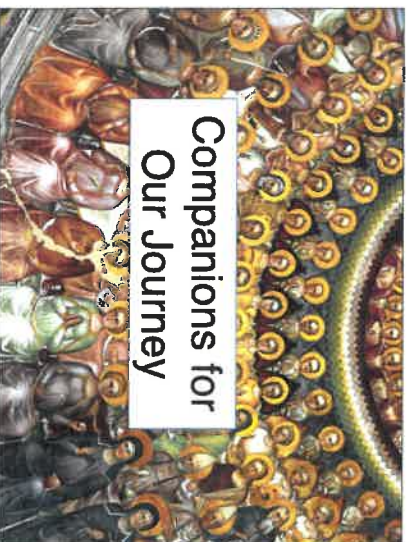
Session 5
Sending
9:30 am to 10:45 am

San Richard Ladies Retreat

January 24-26, 2020

Nurturing Our World

Companions for Our Journey



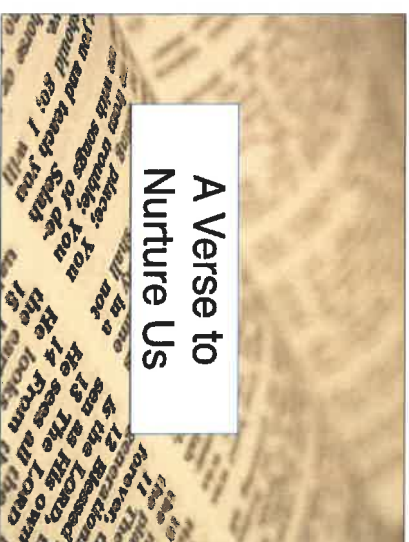
"The family that prays together stays together."

"A world at prayer is a world at peace."

Venerable Father Patrick Peyton



A Verse to Nurture Us



There are different kinds of spiritual gifts but the same Spirit; there are different forms of service but the same Lord; there are different workings but the same God who produces all of them in everyone.

1 Corinthians 12:4-6



Fueled by our "Yes", why evangelize?

Spirit-filled evangelizers means evangelizers **fearlessly open** to the working of the Holy Spirit...

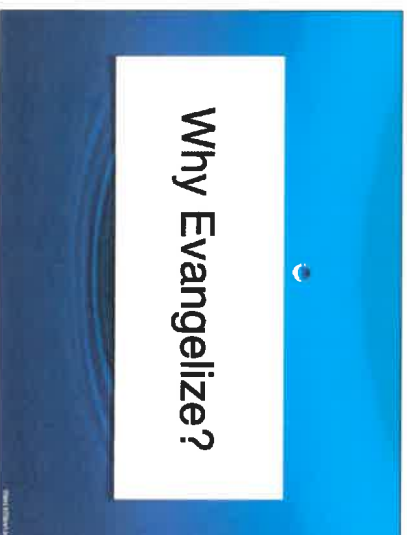
Pope Francis, *Evangelii Gaudium*

Always be ready to give an explanation to anyone who asks you a reason for your hope...

1 Peter 3:15



Why Evangelize?



...It is more necessary than ever for all the faithful to **move from a faith of habit**, sustained perhaps by social context alone, to **a faith which is conscious and personally lived**. The renewal of faith will always be the best way to lead others to the Truth that is Christ.

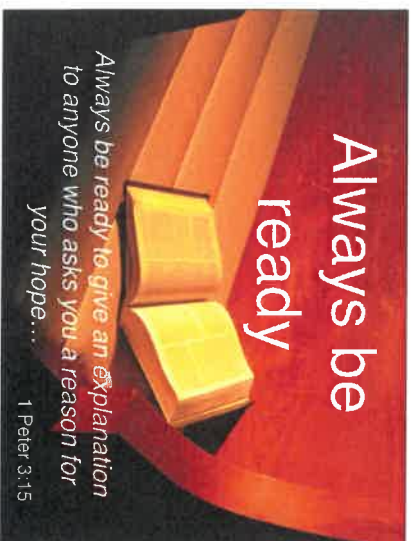
Saint Pope John Paul II, *Eccelesia in America*, no. 79



Always be ready

Always be ready to give an explanation to anyone who asks you a reason for your hope...

1 Peter 3:15



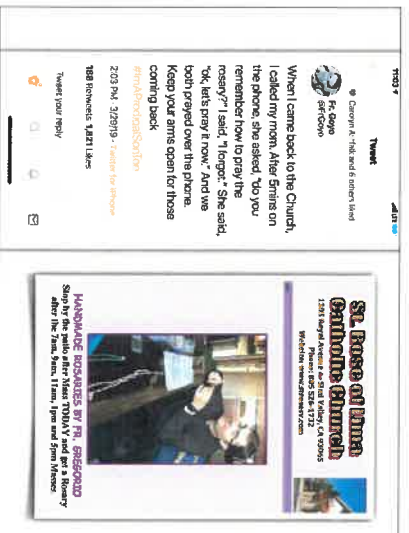


@FrRobGalea

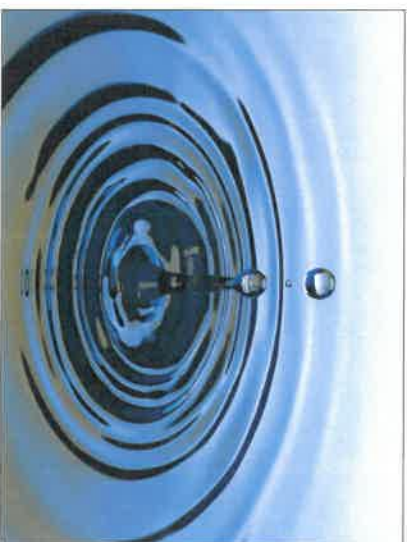
"I believe that in order not to get lost we need to breathe the truth of good stories: stories that build, not destroy; stories that help to find the roots and strength to move forward together. In the confusion of the voices and messages that surround us, we need a human narrative, which talks to us about us and the beauty that lives there. A narration that knows how to look at the world and events with tenderness; that tells us being part of a living fabric; that reveals the intertwining of the threads with which we are connected to each other."

Pope Francis, World Communications Day Message 2020

How does nurturing ourselves prepare us to nurture the world around us?



Sharing Our Faith Stories







Dear _____,

*How is God calling you
to give your unique &
beautiful "Yes!"?*

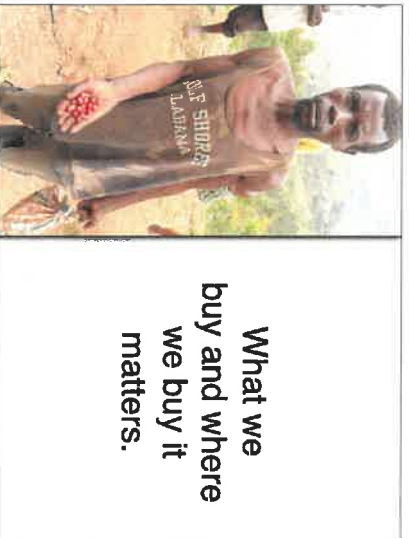
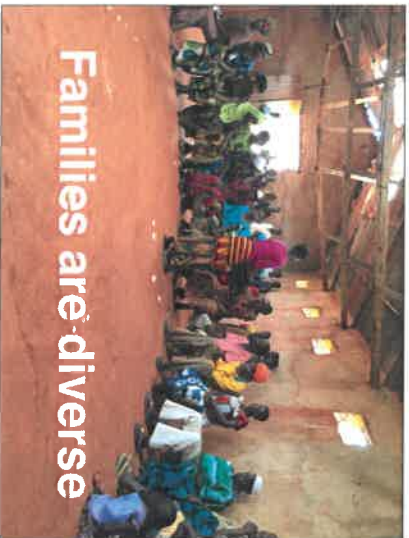
Closing Prayer
11:00 am to 11:45 am

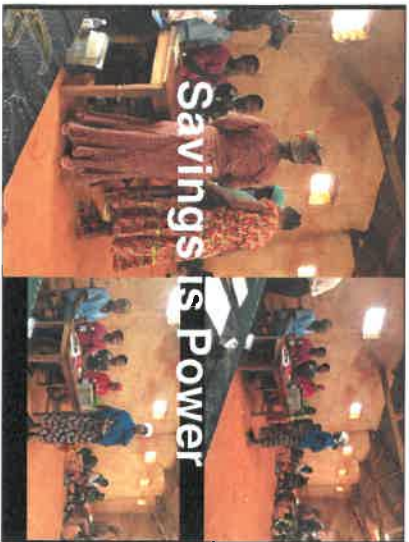


San Richard Ladies' Retreat
January 24-26, 2020

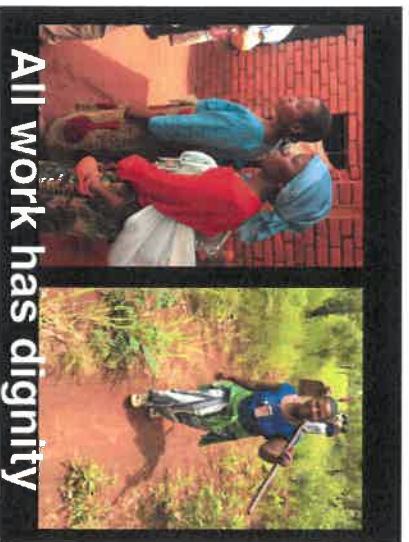
**Nurturing Your Heart,
Mind, Body, and Soul**

**Life Lessons from
Africa**

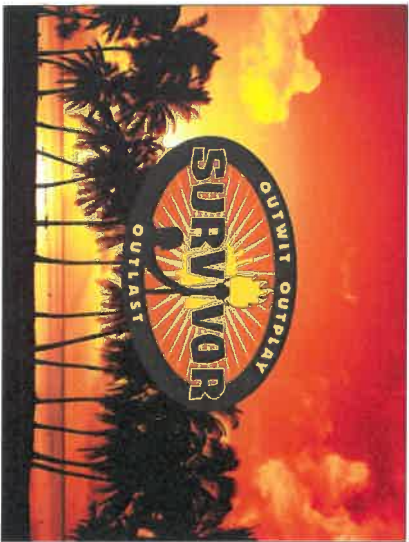




"Needs" and luxury are relative.



Jesus looked at them and said,
"For human beings this is impossible,
but for God all things are possible."
Matthew 19:26



Please place your sealed envelope in the basket and return to your seat.