



St. Richard 3rd and 4th Grade Flag Football & Cheer



Important Dates

Registration Starts: Monday, August 15th
 Registration Ends: Monday, August 29th
 Games Tentatively Begin: Week of October 5th
 Season Ends: Thursday, November 3rd

Please note the following

There is a mandatory 15min Coaches/Parent/Player meeting
 Coaches use GroupMe and Text for all communication
 Coaches set the days and times for all practices
 Games take place on a Wednesday or Thursday evening

**Come out to our 3rd/4th Grade Cheer Clinic hosted on Saturday, August 27th from
 9am-12pm (Lunch will be provided)**

Please email me at athletics@saintrichard.com if your child will attend the clinic!!

Please complete and send the following to the attention of Athletic Director Effie:

- Registration for can be dropped at the church office, school office or emailed directly to athletics@saintrichard.com
- \$50.00 registration fee - cash or check (checks must be made out to St. Richard Catholic Church)
- Review & Sign Code of Conduct memo (*located below the registration form*)

For additional information, please contact:

Effie Vaughn @224-944-6083 or athletics@saintrichard.com

Saint Richard Catholic Church Athletic Registration Form



CIRCLE ONE: Cheer Football Basketball Volleyball

PARENTAL PERMISSION AND RELEASE OF LIABILITY FOR ATHLETICS

Child's Name _____ Age _____ Date of Birth _____

School _____ Grade _____ Enrolled in Afterschool Care (Y/N) _____

Address _____

Parent/Guardian #1 _____

Address _____

Telephone: Home _____ Work _____

Cell _____ **Ok to Text:** Yes or No

Email _____

Parent/Guardian #2 _____

Address _____

Telephone: Home _____ Work _____

Cell _____ **Ok to Text:** Yes or No

Email _____

Alternative Emergency Contact _____

Telephone: Home _____ Work _____ Cell _____

Primary Doctor _____

Telephone _____

Shirt size (Circle One): YXS(2-4) YS(6-8) YM(10-12) YL(14-16) YXL(18-20) AS AM AL AXL

Pant size (Circle One): YXS(2-4) YS(6-8) YM(10-12) YL(14-16) YXL(18-20) AS AM AL AXL

Parents or Guardians are advised to have the Player examined by a physician prior to engaging in St. Richard's athletics in order to identify any medical conditions. Please identify any allergies or other medical information or special physical needs of the player:

By the Parent or Guardian's signature below, they acknowledge that they have provided the Church Officials, the Athletic Director and coaching Staff of Saint Richard Church full disclosure of any physical condition of the Player requiring special accommodations at practice or in games. The undersigned Parent or Guardian hereby gives permission to the Church Officials, the Athletic Director, and coaching Staff of Saint Richard Church to authorize the treatment of the Player in the event that the Parent or Guardian cannot be reached in an emergency. The Parent or Guardian further hereby give permission to the physician selected by the Church Officials, the Athletic Director, and coaching Staff of Saint Richard Church to hospitalize, secure proper treatment for, and to order injection and/or anesthesia and/or surgery for the Player as named above. Furthermore, the Parent or Guardian agrees to hold harmless and completely release from all liability the Church Officials, the Athletic Director, and coaching Staff of Saint Richard Church in case of any injury sustained by the Player. Signature also serves as permission for photographs of the participants to be taken and used by the parish in various media forms (i.e., Parish Directories, television/newspaper articles, Facebook, Twitter, Instagram, etc.)

Signature of Parent or Guardian _____ Date _____

Signature of Parent or Guardian _____ Date _____

Registration Fee 50\$: Cash or Make Checks Payable to St. Richard Catholic Church



ST. RICHARD CODE OF CONDUCT FOR COACHES

Coaches, along with the student athletes comprise the heart of the sports program. While it is extremely important to have hard working, competent and dedicated coaches. It is more important that all involved present themselves in a positive way to that very impressionable child they will be helping.

Coaches will therefore be expected to:

- a. Exemplify the highest standard in ethical behavior and fair play.
- b. Refrain from using obscene language or gestures.
- c. Approach Officials in a respectful manner whether or not you agree and encourage your players to do the same.
- d. Show respect to other coaches and teams by example both during and away from any contest.
- e. Respect the facilities used when at other schools and churches.
- f. Make sure your team leaves any rooms used in better condition than when they arrived.
- g. Accept responsibility for the conduct of yourself, your team and the fans who accompany your team.
- h. Abide by all league rules/regulations.

ST. RICHARD CODE OF CONDUCT FOR PARTICIPANTS

All children participating in any activity must abide by the following code of conduct and show good sportsmanship at all times by:

- a. Refrain from using obscene language and gestures.
- b. Avoid the use of alcohol, tobacco, or any other illegal substance.
- c. Respect officials, coaches, and the players from other teams.
- d. Respect the school and parish gyms and fields used.
- e. Be a good winner and a kind loser.
- f. Accept the responsibility for your own actions.
- g. Follow all league rules.

ST. RICHARD CODE OF CONDUCT FOR SPECTATORS

All children participating, all who are coaching, and all involved in officiating have a right to be treated with fairness and respect. The State Law will be enforced which prohibits any fan from either physical or verbal threat of physical confrontation. will stress sportsmanship on the part of spectators. Therefore, anyone who attends an activity, whether paying an admission fee or not, will be subject to the following guidelines:

- a. Do not approach the officials following a game unless you have a positive comment.
- b. Do not undermine the effectiveness of officials by shouting negative or argumentative statements from the stands.
- c. Treat the children from the “other team” the way you would want your child to be treated.
- d. Be supportive of your coaches. They are there because they care. Allow them to do the coaching. If there are problems, take care of them at your own organizational meeting.
- e. plays under National Federation rules with adaptations per sport.
- f. **No spectators** will be allowed on the court or field at any time while during games. This includes before and after games, during time outs and half time.



SUSPENSION

Any participant, coach, or spectator may be subject to suspension from any and all activities if there is a violation of:

Athlete:

- a. Unsportsmanlike conduct immediately before, during or immediately after a league contest.
- b. Unnecessary roughness during the course of a game.
- c. Abuse of facilities or personal property.
- d. Verbal abuse to other players, coaches, or officials.
- e. Use of drugs, alcohol, or tobacco throughout the school year.

Coaches:

- a. Violation of league eligibility rules.
- b. Unsportsmanlike conduct on or off the scene of a league contest.
- c. Unacceptable bench etiquette.
- d. Use of alcohol, non-prescription drugs and tobacco while coaching.

Spectators:

- a. Unsportsmanlike conduct. (Excessive rowdiness, unacceptable language or gestures name calling or general abuse toward student athletes, other spectators, coaches, or officials.)
- b. Not obeying facility rules (smoking where prohibited, using improper entrances and exits, not using parking areas provided, etc)
- c. Adults must keep younger children attending a sporting event with them at all times in order to avoid accidents.

Coaches Signature	Date
Parents Signature	Date
Students Signature	Date

GRIEVANCE PROCEDURE

If you wish to discuss concerns or problems, it is best to begin with the person with whom you are having difficulty. Usually, sitting down and communicating openly is the most efficient and effective way to resolve conflicts. If after discussion with the coach no resolution is reached, please contact the Athletic Director. If no resolution is reached at that point, the Priest of the will be called into the discussion. If the situation is not satisfactorily resolved at this point, a meeting with all parties, Athletic Director, Priest and Diocese will be called to resolve the situation.