

**Meals-on-Wheels
Volunteers and Menus
January 10, 2023 – June 13, 2023**

Tuesday January 10, 2023

Blackeyed Peas with Ham for 12
Blackeyed Peas with Ham for 12
Rice for 24
Cabbage 24
Corn Bread
Dessert 24
Fruit 24
Deliver RT 1
Deliver RT 2
Delivery RT 2

Patty Mathison
Carolyn Harris
Rhoda Maloney
Lynn Jones
Christa Moyle
Lynda Campbell
Cynthia Winkleman
Lucky & BJ Chaplain
Debbie Wolfgram
Doug Wing

Tuesday February 14, 2023

Meat Loaf for 12
Meat Loaf for 12
Mashed Potatoes for 24
Fresh Vegetables for 24
Rolls for 24
Dessert 24
Fruit 24
Deliver RT 1
Deliver RT 2

Emily Blain
Patty Zupko
Effie Vaughn
Angela Byers
Melissa Cavett
Carolyn Stone
Lucky & BJ Chaplain
Debbie Wolfgram/ Anthony Thomas
Roger & Peggy Hastings

Tuesday March 14, 2023

Hamburger Casserole for 12
Hamburger Casserole for 12
Cole Slaw for 24
Corn Bread for 24
Dessert for 24
Fruit for 24
Deliver RT 1
Deliver RT 2
Deliver Rt-2

Lynn Hoseman
Helen Mary Elzen
Mary Anne Lefoldt
Mary Zimmerman
Carolyn Harris
Angie McNamara
Vickie & Ed Green-Hall
Lynn Nassar
Jenny Neeld

Tuesday April 11, 2023

Beef Stew for 12
Beef Stew for 12
Rice for 24
Rolls for 24
Dessert for 24
Fruit for 24
Deliver RT 1
Deliver RT 2

Emily Blain
Janie Robbins
Christine Gill
Lynn Jones
Donna Hannigan
Mary Zimmerman
Rick & Dianna Sutton
Lucky & BJ Chaplain

Tuesday May 9, 2023

Spaghetti with Meat Sauce for 12
Spaghetti with Meat Sauce for 12
Corn for 24
French Bread for 24
Dessert for 24
Fruit
Deliver RT 1
Deliver RT 2
Deliver RT 2

Helen Mary Elzen
Mary Anne Lefoldt
Cynthia Winkleman
Patty Mathison
Melissa Cavett
Lynda Campbell
Roger & Peggy Hastings
Anthony Thomas
Doug Wing

Tuesday June 13, 2023

Chicken Casserole for 12
Chicken Casserole for 12
Carrots for 24
Rolls for 24
Dessert for 24
Fruit for 24
Deliver RT 1
Deliver RT 1
Deliver RT 2

Patty Zupko
Angela Byers
Carolyn Stone
Emily Blain
Angie McNamara
Tommy Lamas
Lynn Nassar
Jenny Neeld
Vickie & Ed Green-Hall