

# HOLY WEEK

*Palm Sunday of the Lord's Passion, March 24<sup>th</sup>*

**8:00 am, 10:30 am, 5:00 pm Mass**

*(Saturday, March 23<sup>rd</sup>, 4:00 pm Vigil Mass)*

*Holy Thursday, March 28<sup>th</sup>*

**7:00 pm - 10:00 pm**

*Celebration of the Lord's Supper*

*Vigil in Foley Hall following Mass*

*Confessions during the Vigil*

*Good Friday, March 29<sup>th</sup>*

**3:00 pm - 4:00 pm**

*Confessions*

**3:00 pm**

*Stations of the Cross*

**5:00 pm**

*Celebration of the Lord's Passion*

*Holy Saturday, March 30<sup>th</sup>*

*(no Mass at 8:00 am and 4:00 pm)*

**6:30 pm - 7:30 pm**

*Confessions*

**8:00 pm**

*Easter Vigil Mass*

*Easter Sunday, March 31<sup>st</sup>*

**8:00 am, 10:30 am**

*Easter Sunday Mass*

*(no Mass at 5:00 pm)*



## Lent 2024

*"In him we have redemption by his blood,  
the forgiveness of transgressions,  
in accord with the riches of his grace  
that he lavished upon us."*

*~Ephesians 1:7*

The Church Office will be closed from noon on Holy Thursday, March 28th, through Easter Monday, April 1st.

## *The Holy Season of Lent*

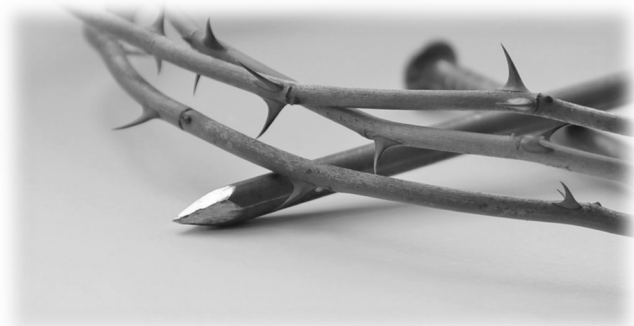
### **PRAYER, FASTING and ALMSGIVING**

Lent begins on Ash Wednesday, February 14<sup>th</sup>, and continues for 40 days (excluding Sundays), capping off with Holy Week and Easter.

Lent is special for the catechumens (those to be Baptized) because these days are traditionally devoted to preparing the person to be fully initiated into the Church. Themes during the Mass focus on enlightenment and purification. Reserved for the initiation is the Easter Vigil, when light returns to the world.

Easter is on March 31<sup>st</sup>, dated to occur on the first Sunday after the first full moon following the vernal equinox (Springtime). Candidates are brought from the winter of disbelief into the blossoming of Faith.

In preparation for Lent, the Christian observes austerity by practicing PRAYER, FASTING and ALMSGIVING (Mt 6:1 - 18).



## *Guidelines for Lenten Practices of*

### **PRAYER, FASTING and ALMSGIVING**

1. Abstinence refers to avoiding meat or meat products. Catholics in the United States are obliged to abstain from eating meat on Ash Wednesday and on all Fridays during Lent. The law of abstinence binds all persons who are fourteen years or older.
2. Fasting is defined pastorally as taking a single full meal a day with 2 small snacks in the morning and evening if needed, and no eating in between. Fasting is required for Catholics on Ash Wednesday and Good Friday. We are encouraged to extend the Good Friday fast through Holy Saturday until the celebration of the Easter Vigil. The law of fasting binds all those between the ages of 18 and 60.\*
3. Catholics in the United States are encouraged to observe the season of Lent with the practice of voluntary self-denial and penance, including acts of prayer and devotion, charity and service to the poor as well as other forms of Christian witness. The Sundays of Lent are not included as “days of sacrifice”, but your Lenten practice may still be observed.
4. Lent ends on Holy Thursday.

*\* For the sick and women who are pregnant, the above regulations do not apply.*

**ASH WEDNESDAY, February 14<sup>th</sup>**

**7:00 am Mass**

**8:15 am School Mass**

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**MONDAY, March 25<sup>th</sup>**

**6:30 am Mass**

**7:00 am Men's Prayer Breakfast in Foley Hall**

*Speaker: Bishop Kopacz*

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**TUESDAY MORNINGS DURING LENT**

**Feb 13<sup>th</sup>, 20<sup>th</sup>, 27<sup>th</sup>, Mar 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>**

**10:00 am - 11:30 am**

*Lectio Divina in the Mercy Room*

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**FRIDAYS DURING LENT**

**2:15 pm Stations of the Cross with the school**

**5:30 pm Stations of the Cross with the parish**

**6:00 pm Catfish Dinner in Foley Hall**

**\$6—Children \$12—Adults \$40—Families of 4+**

*THIS IS A ST. RICHARD'S KNIGHTS OF COLUMBUS  
FUNDRAISER. THANK YOU FOR YOUR SUPPORT.*

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*Sacrament of Reconciliation*

**March 7<sup>th</sup>**

**5:30 pm - 6:00 pm First Reconciliation**

**6:00 pm - 8:00 pm Parish Reconciliation**

**March 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup>**

**11:00 am - 12:00 pm Parish Reconciliation**